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Chesterfield Observer

SENIORS



Stepping out



Page Dowdy/Chesterfield Observer

Diana Donahue (left) and Peggy Chicklo, members of the Fabulous Dixie Steppers (also known as the "Step Sisters"), perform a tap routine at the Chesterfield Senior Center. Donahue and Chicklo are not only "Step Sisters," but also real sisters.



Maddy is a 2-year old female poodle mix that weighs 10 pounds. She needs lots of tender loving care and would make a wonderful companion for a single person or a family without children.



Chief is a 3-year-old neutered male cat that is orange and white. He weighs about 12 pounds and is very loving. He would make an ideal companion for an older couple because he loves to have his belly rubbed.

There are many animals currently up for adoption at the Chesterfield County Animal Shelter. Pet adopters must be 18 years or older, a resident of Chesterfield County or an adjacent political subdivision, and free of convictions of animal cruelty, neglect or abandonment. They also must sign a contract promising to have the animal spayed or neutered by a specific date. Adoptions cost \$10, plus a \$30 deposit on animals that have not yet been spayed or neutered. The \$30 will be deducted from the veterinarian bill once the procedure has been completed. There is a special voucher program for seniors.

Chesterfield County Animal Shelter

Hours: Mon. - Fri. 10:30 a.m.-5 p.m. and Sat. noon-4 p.m.

9300 Public Works Rd. • 748-1683 • www.petfinder.com/shelters/VA68.html

Police's Senior Citizen Academy begins in May

The Chesterfield County Police Department Senior Citizen Academy invites residents to be a part of its next academy. The 10-week program begins May 13 and will meet on Tuesdays, 8:30 a.m.-12:30 p.m., at the Clover Hill Police Facility, 2730 Hicks Rd.

The program's curriculum focuses on public safety and crime-related issues that can affect the senior community. Students also learn about the daily operations of the police department. Class topics include personal safety, crime prevention methods, identity theft, fraud, emergency communications, special response

teams, domestic terrorism, investigations and the Crime Solvers Program.

The program is free to citizens ages 55 or older who reside, work, own a business or belong to a civic organization in Chesterfield County. Class size is limited to 25 students. Registration is required by Apr. 15. Applications may be downloaded at www.chesterfield.gov/PublicSafety/Police/cit_academy.asp.

For more information, call Crime Prevention Officer David Zeheb at 318-8692 or e-mail ZehebD@chesterfield.gov.

Advance directives program

The Chesterfield Council on Aging will host "Alternatives to Guardianship," a program about advance directives, living wills and power of attorney on Mar. 27, from 9-10:30 a.m., at Lucy Corr Village, 6800 Lucy Corr Blvd.

Dana Traynam of the Virginia Office for Protection and Advocacy will present the program and answer questions about end-of-life issues. Anyone who wants to learn more about these topics is welcome to attend. Call 768-7878 for reservations.

Senior Circle chapter plans trips

The Southside Regional Chapter of Senior Circle is offering several travel opportunities throughout 2008. They include:

- April 20 - Virginia International Tattoo: A Tribute to Veterans
- June 19 - Charles Town Slots
- August 16-21 - Royal Caribbean Cruise to Bermuda from Norfolk
- August 21-28 - Northern National Parks
- October 18 - Apple Harvest Festival
- October 24-30 - San Francisco & Lake Tahoe

• November 28-30 - Myrtle Beach Christmas

• December 4-10 - Quebec Holiday
Senior Circle is a nonprofit organization for those ages 50 and over, which offers fellowship and activities, health education, parties, travel, local and national discounts, hospital benefits and discounts, and more for only \$15 a year. For more information about these trips or about Senior Circle, call 862-5781.