

Learn first aid and be prepared for unexpected events

Thurs., Mar. 27

Brandermill Women's Golf Association 9 Hole A.M. Group meeting, 9:30 a.m., Brandermill Country Club, 3700 Brandermill Pkwy. Plans for the coming season will be discussed. The opening day scramble is Thurs., Apr. 3, at 9:30 a.m. All country club members are invited to attend for golf, fun and fellowship. Contact Pat Hynes, chairman, 739-8421.

Book club meeting, 11 a.m., Clover Hill Library, 6701 Deer Run Dr. "The Innocent Man: Murder and Injustice in a Small Town" by John Grisham will be discussed. For more information, call 739-7335.

Advanced Word, 2-3 p.m., Central Library, 9501 Lori Rd. Learn how to cut and paste, copy, put lists in order, set tabs and columns, and search documents. For more information, call 748-1603 or register online at www.library.chesterfield.gov.

Motivators Toastmasters, 7:15-8:30 p.m., Chester Library, 11800 Centre St. Develop and improve your communication and leadership skills in a friendly, comfortable environment. Toastmasters is a nonprofit organization that provides a practical learning program that benefits both experienced professionals and beginning speakers. For more information, call Paul at 605-1317 or visit www.motivators.freetoasthost.com.

Fri., Mar. 28

Huguenot Trail Rotary Club weekly meeting, 12:30-1:30 p.m., Bottega Bistro, 11400 W. Huguenot Rd. For information, contact Terry Hargrove at 722-9555.

Sat., Mar. 29

Pet adoptions, 10:30 a.m.-2:30 p.m., PetSmart, 12264 Chattanooga Plaza (in the Wal-Mart shopping center on Hull Street Road). Adopt a new, furry family member during this adoption event featuring animals from the Chesterfield Animal Shelter. Volunteers from the Chesterfield Humane Society will be on hand to answer questions and assist with adoptions.

Miracle League baseball registration, noon-2 p.m., L.C. Bird High School Sports Complex, 10301 Courthouse Rd. Through the Miracle League, children ages 3-12 with physical and emotional challenges can play baseball on a specially-designed field. Season runs from Apr. 12-July 12. A \$35 donation is requested. For information and registration forms, call 229-4966 or visit www.miracleleagueofrichmond.com.

Colonial Era Archeology lecture, 1 p.m., Henricus Historical Park, 251 Henricus Park Rd. Follow the fascinating progress in understanding the colonial era of Virginia through archeology. Adults, \$6, children, \$4. For more information or to register, call 706-1340.

Concert, 8 p.m. (doors open 7:15 p.m.), Congregation Or-Ami, 9400 West Huguenot Rd. This concert features traditional British, Irish and American songs performed by Davies-Brenchely-Davies. Sponsored by the Richmond Folk Music Society. Tickets are \$10 in advance and \$12 at the door. For tickets and information, visit www.richmondfolkmusic.com or call 647-7856.

Sun., Mar. 30

Greyhound Meet & Greet, 1-3 p.m., Petco, 13329 Rittenhouse Dr. Find out how you can adopt your own retired greyhound racer. Come and talk with volunteers and meet some hounds during this event sponsored by Greyhound Pets of America's Richmond chapter. For more information, visit www.greyhoundsvirginia.com.

Mon., Mar. 31

Neighborhood Naturalist Volunteer Training, 9:30 a.m.-3:30 p.m., weekly through May 19, Rockwood Nature Center, 3401 Courthouse Rd. Acquire the skills to

become a certified Neighborhood Naturalist. Workshop topics include study of birds, fish, insects, forestry, wildflower identification and more. Course fee is \$48. Sponsored by the Chesterfield County Department of Parks and Recreation. For more information, call Kristi Orcutt at 706-2734 or e-mail orcuttk@chesterfield.gov.

Kickin' Karate, 7-8 p.m., Mondays and Wednesdays through Apr. 30, Mayes-Colbert Ettrick Community Building, 20400 Laurel Rd. This ongoing program is for ages 7 and older and is appropriate for all belt levels. Students will learn self-defense, safety awareness and self-discipline. Course fee is \$25. Sponsored by the Chesterfield County Department of Parks and Recreation. For more information, call Tonya Branch at 526-5596.

Tues., Apr. 1

Discover Chesterfield: A Walking Club, 9 a.m., Robious Landing Park, 3800 James River Rd. Join an organized walk led by Chesterfield County Parks and Recreation Department staff. For adults ages 55 and older. Free. For more information, contact Judy Jones, 751-4135.

Aerobics Light 'n' Lively I, 9-10 a.m., weekly through Apr. 29, Bensley Community Building, 2900 Drewry's Bluff Rd. This is an aerobic workout that includes exercise and basic steps set to music. Cost is \$10. Sponsored by the Chesterfield County Department of Parks and Recreation. For more information, call David Potter at 275-5321.

Midlothian Garden Club monthly meeting, 10:30 a.m., Bethel Baptist Church, 1100 Huguenot Rd. Speaker Barbara Hollister will present a program on Crescent and Hogarth designs. All are welcome. For more information, call Alice Steel, 744-5392.

Advanced Conversational Spanish for Business Professionals, 5:30-7:30 p.m., Boulevard Flower Gardens at Ruffin Mill, 2100 Ruffin Mill Rd. Through this 10-week class, students will learn practical phrases to help them better understand and communicate with customers, employees and members of our growing community. Sponsored by the Chesterfield Chamber of Commerce. Cost is \$175 for chamber members and \$200 for nonmembers. Call 748-6364 to register or for more details.

Tough Tots-Little Dragons Karate Club, 6-7 p.m., weekly through Apr. 29, Mayes-Colbert Ettrick Community Building, 20400 Laurel Rd. This program is designed to enhance self-confidence, self-esteem and physical fitness in children ages 4-6. Course fee is \$20. Sponsored by the Chesterfield County Department of Parks and Recreation. For more information, call Tonya Branch at 526-5596.

Tuesday Night Westerns, 7 p.m., LaPrade Library, 9000 Hull Street Rd. Join hosts Harry Daniel and Tom Wyatt for "North from the Lone Star" with Bill Elliott and selected short subjects. Free. For more information, call 276-7755.

Gardening seminar, 7 p.m., Clover Hill Library, 6701 Deer Run Dr. Master gardener Sandy Fry will discuss "Evergreens (conifers) for the Richmond Landscape." Sponsored by the Chesterfield office of the Virginia Cooperative extension. Free and open to the public, but seating is limited. For information or to register, call 751-4401 or e-mail dunkuma@chesterfield.gov.

Wed., Apr. 2

Sit and Be Fit/PACE, 10:15-11 a.m., weekly through Apr. 30, Bensley Community Building, 2900 Drewry's Bluff Rd. Designed for older adults with limited mobility. Stretch, tone and socialize to a variety of music all from the comfort of your chair. Course fee is \$7.50. Sponsored by the Chesterfield County Department of Parks and Recreation. For more

In The Spotlight

CPR Saturday in Midlothian, Sat., Mar. 29, 9 a.m.-5:30 p.m., monthly through July, Midlothian Fire Station #5, 13420 Midlothian Tnpk. This course provides American Red Cross certification in Adult Standard First Aid/CPR and the use of the Automated External Defibrillator (AED). It also covers how to prepare for, prevent and respond to illnesses and injuries large and small. Fee is \$33. To register, or for more information, call 839-6075 or e-mail midlothianvfd@gmail.com.

information, call David Potter at 275-5321.

"Dark Enough to See the Stars in a Jamestown Sky," 10:30 a.m., Pocahontas State Park, Heritage Center, 10301 State Park Rd. Author Connie Lapallo will discuss her book, "Dark Enough to See the Stars in a Jamestown Sky," a true story of the women and children of Jamestown. Admission is free. Parking fee is \$4. Signed copies of her book will be available for purchase. For more information, call 796-4472 or 796-4255.

Chester Choices Book Discussion Group, 10:30-11:30 a.m., Chester Library, 11800 Centre St. "The Madonnas of Leningrad" by Debra Dean will be discussed. For more information, call 748-6314.

"Civic Engagement: Making Meaningful Connections Through Work and Service," 1-2:15 p.m., Bensley Community Center, 2900 Drewry's Bluff Rd. Dede Forester, director of volunteer services at Bon Secours St. Francis Medical Center, will speak to retirees or those on the brink of retirement about retooling their skills and helping out in the their communities. For more information, call 768-7878 or 751-4135.

Public hearing, 3 p.m., public meeting room, 10001 Iron Bridge Rd. The Chesterfield County Board of Supervisors will hold a public hearing to listen to comments about the budget, which includes the school system budget. For more information, call 748-1405.

Al-Anon monthly meeting, 7 p.m., main auditorium, Johnston Willis campus, CJW Medical Center, 1401 Johnston Willis Dr. A support program for people who have been affected by someone else's drinking. For information, call 330-2000.

Bicycle maintenance, 7-8:30 p.m., Rockwood Park, 3401 Courthouse Rd. This class offers hands-on instruction in brake and gear repair, tire changing and roadside repairs. For ages 12 and older. Cost is \$8. For more information, call Greg Velzy at 748-1124.

LOOKING AHEAD...

Thurs., Apr. 3

Who Hatches from an Egg?, 10-11 a.m., Rockwood Nature Center, 3401 Courthouse Rd. Children will discover which animals come from eggs and which do not. Part of the Exploring Nature with Small Hands Series for 3-4 year olds. Cost is \$4/child. For more information, call Denise Flora at 674-1629.

Get in the Know: Sleep, Hormones and Body Rhythm: Improving Your Sleep and Health Naturally, 10:30 a.m.-noon, LaPrade Library, 9000 Hull Street Rd. Dr. Tarek S. Elganainy, doctor of chiropractic, will present a program on sleep cycles and how to improve sleep quality naturally. Refreshments will be served. Free. For adults ages 55 and older. Sponsored by the Friends of Chesterfield County Public Library and the Chesterfield County Parks and Recreation Department. For more information, call 717-6381.

Drama Kids, 6:30-7:30 p.m., weekly through May 15, Gordon Elementary School, 11701 Gordon School Rd. This program helps develop speaking skills and confidence in children ages 8-11. The program includes a mid-year Parent Day presentation and end-of-course performance. Fee is \$75. Sponsored by the Chesterfield County Department of Parks and Recreation. For details, contact Jackie Maclin, 748-1123.

Underage Drinking Town Hall Meeting, 7 p.m. (refreshments and resource tables open at 6:30 p.m.), John Tyler Community College, Chester campus, 13101 Jefferson Davis Hwy. The event will be led by students involved in SAFE activities related to underage drinking and substance abuse prevention. Results of the 2007 survey of Chesterfield County students in grades 8, 10 and 12 will also be released at the event. Free and open to both youths and adults. Sponsored by SAFE (Substance Abuse Free Environment). For more information, call 796-7100 or visit www.chesterfieldsafe.org.

Fri., Apr. 4

2008 Spring Dance Showcase, 7 p.m., and Apr. 5, same time, Chesterfield Specialty Center for the Arts at Thomas Dale High School, 3626 W. Hundred Rd. Tickets are \$6 for adults, \$4 for students. Senior citizens and children 5 and under are free. For more information, contact Pam Barton at 768-6245 ext. 664.

Sat., Apr. 5

April Art Show, during library hours through Apr. 30, Chester Library, 11800 Centre St. "Nature's Journey," a collection of watercolors and mixed media by Nancy Belcher, will be on display. A reception will take place on opening day from 3-4:30 p.m. Hosted by the Chesterfield Center for the Arts at Chester Foundation. For more information, call 748-6314.

WOW! Conference, 7:30 a.m.-4:30 p.m., Holiday Inn Select, 1021 Koger Center Blvd. This one-day conference helps professional women to focus on themselves and energize their careers. National speakers will share their expertise on managing money and improving professional image to having more fun in work and life. For more information, contact Smokie Sizemore at 359-1139 or visit www.smartwomansclub.com.

Youth Beginner Tennis, 10:15-11:15 a.m., weekly through May 31, L.C. Bird Athletic Complex, 10401 Courthouse Rd. Learn fundamentals including basic strokes, rules, scoring and court etiquette. Bring racket and balls. Course fee is \$40. Sponsored by the Chesterfield County Department of Parks and Recreation. For more information or to register, call Paul Wilmoth at 748-1130.

Italian Festival, 11 a.m.-9 p.m., and Apr. 6, 11 a.m.-6 p.m., St. Joseph's Catholic Church, 828 Buford Rd. Festival features authentic Italian food, entertainment and music by the Luci Edwards Band, the GIGS Brass Ensemble, the Swing Time Big Band and the Chesterfield Community Band. Guests are invited to donate \$2/per person at the entrance. For more information, visit www.sjfestival.com.

Miracle League baseball registration, noon-2 p.m., L.C. Bird High School Sports Complex, 10301 Courthouse Rd. See listing for Mar. 29.

Have a special event coming up? Please e-mail your calendar items to calendar@chesterfieldobserver.com, mail them to P.O. Box 1616, Midlothian VA 23113, or fax them to 744-3269. Please include a contact name and number with your announcements.