

# Monitor your health with free screenings

**Thurs., May 8**

**Black bear nature program**, 10-11 a.m., Pocahontas State Park Nature Center, 10301 State Park Rd. Learn how to walk, talk, eat and sleep like a black bear! For children ages 3-5. Cost is \$3/child or \$6/family. Reservations required. Part of the Little Rangers 2008 Series. For more information, call 796-4255.

**Books & Bites Book Discussion Group**, 10:30-11:30 a.m., LaPrade Library, 9000 Hull Street Rd. "Suite Française" by Irene Nemirovsky will be discussed. For more information, call 276-7755.

**"Grease,"** 7 p.m. through May 10, and Sat., May 10, 2 p.m., Monacan High School, 11501 Smoketree Dr. Come see Sandy, Danny, Rizzo and the gang. Tickets are \$7. For more information, call Cindy Paullin at 543-4516.

**Motivators Toastmasters**, 7:15-8:30 p.m., Chester Library, 11800 Centre St. Develop and improve your communication and leadership skills in a friendly, comfortable environment. Toastmasters is a nonprofit organization that benefits both experienced professionals and beginning speakers. For more information, call Paul at 605-1317 or visit [www.motivators.freetoasthost.com](http://www.motivators.freetoasthost.com).

**"Fame,"** 7:30 p.m., through Sat., May 10, Matoaca High School, 17700 Longhouse Ln. The theater department presents this student performance. Tickets are \$5. For more information, call 590-3108.

## Calendar

struction of art exhibit spaces in the school. Minimum bids range from \$1-\$5. Auction is free. For more information, contact Sarah Gladwell, 590-3108.

**Second Fridays at The Art Annex**, 7-9 p.m., 825 Grove Rd., Midlothian. Enjoy complimentary drinks, appetizers, live music and art. For more information, visit [www.artadventuresfun.com](http://www.artadventuresfun.com) or call 379-2600.

**"A Dream Performance,"** 7 p.m., Swift Creek Academy for the Performing Arts, 2808 Fox Chase Ln. The show will feature performances by the academy's student dance

companies. The performance will benefit Virginia Arts Partners, a nonprofit organization dedicated to the arts. Tickets are \$9 for adults, \$5 for children. For more information, call 744-2801 or visit [www.swiftcreekacademy.org](http://www.swiftcreekacademy.org).

**Sat., May 10**

**Thomas Dale "Champions" Golf Tournament**, 8 a.m., Rivers Bend Golf Course, 11700 Hogan's Alley, Chester. Captain's choice format. Tournament sponsorships are available for \$100 and include a plaque, hat

and name display on the course. Cost is \$65 per player or \$260 per foursome. All money will be used to recognize Thomas Dale athletes who individually or as a team have achieved a certain level of success. For more information, call Lee Batten at 768-6245.

*Have a special event coming up? Please e-mail your calendar items to [calendar@chesterfieldobserver.com](mailto:calendar@chesterfieldobserver.com), mail them to P.O. Box 1616, Midlothian VA 23113, or fax them to 744-3269. Please include a contact name and number with your announcements.*

## In The Spotlight

Free health screening, Wed., May 14, 1-4 p.m., Bensley Community Building, 2900 Drewry's Bluff Rd. Tests include a finger-stick blood test for cholesterol, blood pressure screening, height and weight with BMI index calculations and nurse counseling on the results. Free. For ages 18 and older. No appointment necessary. Sponsored by Chesterfield County Department of Parks and Recreation. For more information, contact David Potter, 275-5321.

**Fri., May 9**

**Aerobics Light 'n' Lively II**, 9-10 a.m., Fridays through June 13, Bensley Community Building, 2900 Drewry's Bluff Rd. This class is designed to increase your heart rate and keep it there. Cost is \$12. Sponsored by the Chesterfield County Department of Parks and Recreation. For more information, contact David Potter, 275-5321.

**Spaghetti Supper and Silent Auction**, 4:30-7 p.m., Bethlehem Baptist Church, 9600 Midlothian Tnpk. Sponsored by Boy Scout Troop 1807. All proceeds will sponsor scouts attending Boy Scout summer camp and to purchase program equipment. Tickets are \$6/per person, maximum price for families up to six is \$24; maximum price for family of more than six is \$30. Tickets may be purchased at the door. Carry-out will be available. For more information, contact Tammy Howell at 464-9812.

**Third Annual Silent Art Auction**, doors open 6:30 p.m., bidding ends 7:30 p.m., Matoaca High School, 17700 Longhouse Ln. Every photograph, computer art, sculpture, drawing and painting student will submit at least one piece to sell at the auction. Purchases made during the intermission of the school's production of "Fame" will help fund the con-



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